Rigornestrics for 19 ad

# edeye

Thursday SEPTEMBER 6, 2012

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A Chicago Tribune publication

BELLY-TESTED AND APPROVED ASIAN BBQ

pages 20-21

One president, 4 years and a \$15 bottle of wine **4** 

College called: It wants that IKEA dresser back **28** 

CLASH ISINGE SESIO

Amid threats of a strike, it's long days and lessons as usual for four CPS teachers *pages* 6-8

Mike Ryan is a music teacher at Greene Elementary School in McKinley Park. LENNY GLMORE/REDEYE



#### **THAT'S A RAP**

#### **Ultra Lounge**

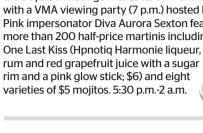
2169 N. Milwaukee Ave. 773-269-2900

South Side duo L.E.P. Bogus Bovs—whose collaborators include Rick Ross, Shawnna, Lupe Fiasco and Meek Mill and whose removal from a House of Blues show this spring sparked controversy—arrive in Logan Square as headliners. 9 p.m. \$15.



## Kit Kat Lounge & Supper Club 3700 N. Halsted St. 773-525-1111

Now that Pink has literally landed in L.A.-via helicopter-for the MTV Video Music Awards, the Boystown lounge makes its own entrance with a VMA viewing party (7 p.m.) hosted by Pink impersonator Diva Aurora Sexton featuring more than 200 half-price martinis including the One Last Kiss (Hpnotig Harmonie liqueur, citrus rum and red grapefruit juice with a sugar rim and a pink glow stick; \$6) and eight



#### **DIY DINNER** Frasca Pizzeria & Wine Bar

3358 N. Paulina St. 773-248-5222

Learn to flip dough like a pro at the restaurant's pizza making class, which includes two glasses of wineone to sip while you create your own pie and a second while you eat the finished product. 6:30 p.m. \$30. RSVP required.



#### redevechicago.com

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Circulation: redservice@tribune.com

#### A SIB OF THE TRIB

RedEye, a Chicago Tribune publication, is published five days a week, except on certain holidays. Unsolicited manuscripts, articles, letters and pictures sent to the Chicago Tribune are sent at the owner's risk.

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#### **SIZE MATTERS** Inland Steel Building 77 N. Dearborn St.

View sky-high creations—including Susan Giles' "Crumpled Spire," inspired by Santiago Calatrava's proposed-thenscrapped Chicago Spire skyscraper; and Daniel G. Baird's "Endymion (2)," a scale replica of NASA's Vehicle Assembly Building—on loan from the forthcoming inaugural Expo Chicago art and design event during Chicago Loop Alliance's First Thursdays gallery walk through downtown Pop-Up Art Loop spaces. 5-8 p.m. Full gallery list: popupartloop.com.

#### **BRING A RING**

**Laugh Factory** 

3175 N. Broadway 773-3 Comedian-and recently ordained minister—Judy Tenuta aims to make you smile in two ways. The selfproclaimed Aphrodite of the Accordion opens three of her five stand-up sets this week with free, onstage gay and hetero wedding ceremonies. 8 p.m. \$25-\$34 plus a two-drink minimum. RSVP for tickets and ceremony arrangements: laughfactory.com

REDEYE TIP OF THE DAY

It's Fashion's Night Out! Get the scoop on Thursday's deals and events at **fashionsnightout.com** 

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#### MCT

LOS ANGELES Scientists in Norway have more good news for coffee drinkers. Researchers already have found evidence that the drink—or the beans it's brewed from—can help with weight loss, reduce one's risk of developing Alzheimer's disease or dementia, boost muscle growth, protect against certain types of cancers and can even reduce one's risk of premature death, among many other benefits.

Now comes word that a cuppa joe reduces

physical pain.

The surprising finding is based on a study involving 48 volunteers who agreed to spend 90 minutes performing fake computer tasks meant to mimic office work. The tasks were known to cause pain in the shoulders, neck, forearms and wrists, and the researchers wanted to compare how people with chronic pain and those who were pain-free tolerated the tasks.

As a matter of convenience, the scientists allowed people to drink coffee before taking the test "to avoid unpleasant effects of caffeine deprivation, e.g. decreased vigor and alertness, sleepiness, and fatigue," they reported.

But when it came time to analyze the data, the researchers from Norway's National Institute of Occupational Health and Oslo University Hospital noticed that the 19 people who drank coffee reported a lower intensity of pain than the 29 people who didn't.

The authors of the study, which was published this week in the journal BMC Research Notes, cautioned that since the study wasn't designed to test coffee's influence on pain, the results come with many uncertainties. For starters, the researchers don't know how much coffee the coffee drinkers consumed before taking the computer tests. They also doubt that the coffee drinkers and abstainers were similar in all respects except for their java consumption. Problems like these tend to undermine the importance of the findings. But those reservations are unlikely to trouble the legions of coffee drinkers looking for any reason not to cut back on their daily caffeine habit.

## Looking forward TUMBLR to 4 more years



o @fritzfrack

I was running ... OK jogging ... OK briskly walking ... through my neighborhood the other day and of course thinking about President Obama's upcoming speech at the Democratic National Convention when I saw an Obama 'o8 sign stuck on someone's door.

There were only two logical expla-

nations for this 4-year-old sign. Either a) Team Obama hadn't campaigned through my clearly blue North Side 'hood; or b) This household wanted to see Obama circa 2008, the Obama of Hope, at this week's DNC.

I remember that Obama, the superhero Illinois senator who inspired me to make my life better. I had just graduated college with a journalism degree, which on the 'o8 market translated to either an unpaid internship or a parttime receptionist gig back home. I remember watching Obama's Grant Park acceptance speech in my childhood bedroom

and thinking if a man with the middle name Hussein can become president of the United States, I can move out of my parents' house.

Obama gave me the courage to pack up my 1998 RCNTV, a bag of clothes and my writing portfolio and move to Chicago in the middle of winter. For a while, I struggled. I temped. I made coffee. I answered phones.

It was the dark days before health-care reform, so I was living without insurance. One month, strep throat wiped out my meager savings. It was like living the Oregon Trail, with the threat of cholera or a tipped wagon about to send me back to my parents' home with every sneeze.

But I finally got a "real" job. I watched my fellow alumni find positions in finance, technology and other private sector areas along with 4.4 million other Americans who have found jobs in the past 29 consecutive months of job growth. I made enough money to upgrade from PBR to Half Acre.

My cousin's tour with the Marines ended, and so did the Iraq War. Osama bin Laden finally was killed. I smiled knowing fewer people would be worried about loved ones too far from home.

I budgeted and was happy to see the government do the same. Obama's smart spending policies are projected to make his deficit contribution one-fifth that of George W. Bush's war-happy policies. I invested money into the stock market and exhaled.

My life as a young adult in 2012 looks nothing like the bleak image Republicans painted at the RNC last week. I am not sitting in my parents' basement staring at fading Obama posters daydreaming about the glory days of 1956 ... excuse me ... 2004. I may not be living

> the dream, but I've got a pillowtop mattress and a \$15 bottle of wine in the fridge that tells me life isn't so bad.

Plus I've got Obama for four more years to help move America forward into an even better future

It is a future where Republicans get their wistfully tiny yet hypocritically righteous government out of women's uteruses. Where we continue to better our education system by rewarding schools that innovate.

Where we stop looking naively back for the answers and start creating solutions.

I realize that Obama's speech Thursday night may not be as thrilling as four years ago. I realize my neighbors don't have the option of voting for Obama 2008. Instead they get to vote for Obama 2012, a man who brought us two years of consecutive jobs growth, who expanded Pell Grants for university students, who defended women's access to birth control and who sings like a sexy angel.

Yeah, I'll vote for that guy. I just need to find an Obama 2012 sign.

NIKI FRITZ IS A REDEYE SPECIAL CONTRIBUTOR

# THURSDA

We were going to make this week's roundup of Tumbirs totally Chicago-specific, but then we couldn't resist throwing a nerd wrench in the Tumbir machine. Make sure you give these Tumbles a follow this week — resura cauriage peneve social Media Lanv



#### Look Up, Chicago

loakupchicago.tumbir.com

Heard of "ghost signs"? You've seen them everywherethey're hand-painted ads on sides of buildings that have been preserved but are significantly faded. This Tumblr collection of them might make you look around (up, specifically) at your neighborhood in a totally different way.







PHOTOSFROM TUMBLE

Public Portraits

publicportraits.tumbli.com

What better place to practice public voyeurism than on the CTA? Sure, it seems kind of creepy, but you already do it anyway. Why not make a whole Tumblr out of it?

#### Lonely Nerds in Fedoras

lonelynerdsinfedoras.tumblr.com Self-explanatory. Stop wearing fedoras nerd.

#### Chicago's Commuter Comic

wticomic.tumbir.com

Speaking of the CTA. here's a weekly comic documenting the trials and tribulations of your daily commute.

Have a suggestion for a Tumblr to feature? Send a tweet to @jessicagalliart.

# BEFORE BELMONT

AFTER BELMONT

#### Exclusive iPad guide!

RedEye is now available on your iPad. It's everything you love about the newspaper and much more. Check out the new River North guide that contains exclusive content not found anywhere else! RedEye for iPad is published Monday through Friday for \$1.99 per month.







**GETTY IMAGES** 









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Mayra Almaraz-DeSantiago (center) with her husband, Marco DeSantiago, and her son, David Cerda. LEONOR VIVANCO/REDEYE

#### Mayra Almaraz-DeSantiago

32, Norwood Park Latin American history, ethnic studies and world studies teacher at Taft High School in Norwood Park; 10th year as a teacher

A good day for Almaraz-DeSantiago is when everything goes according to plan, such as students intelligently debating to the point of not wanting to leave class when the bell rings.

"I'm not one of those teachers that loves it when kids are super quiet. I love organized chaos," she said.

The flip side is when students stare at the clock or forget to check their drama at the door.

She spends time after school helping students look for college scholarships, and pays hundreds of dollars for supplies, books and classroom decorations out of her own pocket.

"I went into this profession to help students figure out who they are, make them feel important and who they are matters, to question the world they live in, to analyze. I'm not asking to be appreciated. I don't want to be villainized," she said.

Even with a mortgage and a child to support, going on strike would be a worthwhile sacrifice, said her husband, Marco DeSantiago, 36, a social science teacher for four years at Hancock College Prep High School in West Elsdon.

"Every teacher, even ones they don't think are great teachers, wants to do a good job," he said. "We all want what's best for students. We think about it a lot."



# As the possibility of a strike looms, how do Chicago educators feel about their jobs?

#### By Leonor Vivanco | REDEYE

Forget "saved by the bell." The work day for some Chicago Public Schools teachers begins before class is in session and ends long after students are dismissed.

It's common for teachers to prepare the classroom before school starts and spend time after school tutoring students, running clubs or coaching sports. Many are known to grade papers and work on lesson plans at night and on weekends. Others willingly spend their own money on classroom materials or prizes to reward students.

The job of a teacher is under the microscope this week as educators gear up to strike over their contracts after months of negotiations between the Chicago Teachers Union and Chicago Public Schools. The union has set Monday as the walk-out date. It would be the first teacher strike in Chicago in 25 years. (The 1987 strike lasted 19 days.)



Teachers Students

#### **CONTINGENCY PLAN?**

If there is a strike, Chicago Public Schools plans to keep 145 school sites open for half-days Monday through Friday. Students will get breakfast and lunch and will have non-instructional activities such as independent reading, journaling and computer programming. But with the day ending at 12:30 p.m., many working parents are stressed trying to figure out what their children will do for the rest of the day.

More than 26,000 teachers, counselors, teacher assistants and school clerks in the nation's third-largest school district could walk out unless an agreement is reached, disrupting classes for about 403,000 students. Many teachers have been saving money over the past few months because they won't get paid for the days they strike.

The union and the school district have been negotiating a new contract since November. They have been able to hammer out some issues but are at an impasse on others such as pay raises, job security and class size. The average CPS teacher salary is \$71,000. The annual starting salary is about \$50,000.

The strike looms after both sides agreed



#### **Leanee Brown** | 36, Beverly

Second-grade teacher at Vanderpoel Elementary Magnet School in Beverly; 13th year as a teacher

Leanee Brown said in the past she's been to schools where teachers worked in dilapidated buildings, where students were hostile, where parents were antagonistic, where administrators were intimidating.

"This is a reality for a lot of teachers. Yet, we go to work and we smile and we greet our students with a warm embrace daily," she said.

Teachers need to stand up for their

profession, she said. "This is not about money. This is about fair working conditions," Brown said.

In anticipation of the possible strike, she started saving money in a strike fund at her credit union, carpools and often has dinner with other teachers to cut down on costs.

A price can't be put on the personal relationships she establishes with her



to make the school day longer—an initiative pushed by Mayor Emanuel. High schoolers will have 7½-hour days and elementary students will have 7-hour days. As part of the deal, the two sides agreed to hire teachers who had been laid off to cover the extra time.

Given the possibility of a strike, RedEye talked to elementary and high school teachers in various neighborhoods about the jobs at the center of the labor dispute. Some said they chose the career because they were inspired by their own teachers. Others wanted to make a difference. Still others just have it in their blood. Here are their stories.

LVIVANCO@TRIBUNE.COM | @LVIVANCO

students, she said. She has never regretted her choice to be a teacher, calling it the "most rewarding experience next to being a mother."

Much like a parent, the job of a teacher is never-ending. "We give endlessly. We give tirelessly. We give unconditionally," she said.

It's that volunteer spirit that convinced her to become a teacher. She witnessed teachers buying needed clothing and supplies for students with their own money.

"They didn't do it with a grimace. They did it with a smile. They did it from their hearts. I said this is truly a service. This is what I want to do."

**Mike Ryan** | 30, Uptown Music teacher at Greene Elementary School in McKinley Park; fifth year as a teacher

Mike Ryan ended up in the family business. His dad is a high school theater teacher and his mom, a private piano teacher. He returned to the classroom last month after taking two years to get his master's degree in music education.

"I've worked in an office where I had a 8 a.m. to 5 p.m. schedule and I feel like I do a lot more work in my normal school day than I ever did when I was working in the office," said Ryan, a national board certified teacher, a professional distinction.

He teaches students in five hour-long music classes a day and stays after school for one hour twice a week for choir practice. With the new longer school day, he gets a 45-minute lunch break that allows him to recharge a bit before he resumes teaching.

Though it would be a financial hardship for Ryan, he will strike, he says, so that children can get the education they deserve.

"When I think about my job, I know that what I do makes a difference. I never wonder whether or not the hard work that I put in is worth it," Ryan said. "Any good teacher has a connection to his or her students. We really care about the students. We're there for them and what they represent: the future of our society."



LENNY GILMORE/REDEY



#### **Kyle Schulte** | 27, Lincoln Park

Physical education teacher and athletic director at Gunsaulus Elementary Scholastic Academy in Brighton Park; fourth year as a teacher

"The biggest perception as a P.E. teacher is it's the easiest job in the world. All you do is play," Kyle Schulte said.

Sure, he wants the kids to have fun, but his hour-long class is not like recess. He teaches students team building and good sportsmanship skills as well as sports terminology and history.

He arrives at school 45 minutes early to set up the gym before the 8:15 a.m. start. After school, he runs a 2-hour wellness program for students twice a week. In the winter, he stays until 5 p.m. coaching basketball and until 7 p.m. for games. In the spring, he holds an hour-long parent fitness class three times a week.

Aside from teaching, he also has to deal with student disruption.

"I had a student hit me before—a third grader—and a student told me to F-off," Schulte said. "You just kind of got to roll with it and handle the situation appropriately and not overreact and talk to them and see why they're doing that."

With the possibility of a strike, he is worried about missing a paycheck at a time when he's deciding to move apartments and paying off his car and student loans.

"It's affecting the students. It's affecting everybody. It'd be nice to work together and get this done," he said of new contracts.





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# **CPS** negotiations enter high gear

#### **Chicago Tribune**

Ten months after contract talks began and just days before a possible teachers strike, Chicago Public Schools and the teachers union are finally turning full attention to the most contentious issue on the table, pay raises.

The two sides have left the most critical issues for last-which is typical in labor negotiationsgiving them little time to reach an agreement before the union's Monday strike deadline.

CPS and the Chicago Teachers Union have scheduled talks through Friday and will meet over the weekend if no resolution is reached. Negotiations are expected to focus on wage increases, teacher evaluations, job security and the structure of the longer school day.

The union ratcheted up the pressure a bit

Wednesday, filing an unfair labor practice complaint with the Illinois Educational Labor Relations Board that accuses the district of "unlawfully" imposing restrictions on teachers who are currently working without a contract.

The complaint says CPS has canceled automatic pay raises tied to teacher experience, discontinued the accrual of sick leave and implemented changes to teacher evaluations without the consent of the union. All off those issues remain on the table in contract negotiations.

CPS spokeswoman Becky Carroll called the litigation "unnecessary."

"It's time to put antics aside and negotiate in good faith on behalf of our students so they can stay in classrooms with their teachers where they belong," Carroll said in a statement.

#### **EXPRESS LINES**

- Crews began doing prep work Wednesday on parts of northbound North Lake Shore Drive, marking the start of a two-month-long resurfacing project for parts of the drive.
- » A jury of seven men and five women began deliberating Wednesday after hearing weeks of circumstantial and hearsay evidence against Drew Peterson, accused of killing his third wife.
- » Chicago rapper Chief Keef tweeted Wednesday that his account had been hacked after a message apparently making light of a Tuesday homicide victim launched his name into a local trending topic, TRIBUNE, REDEVE







#### LIVE FROM THE

\* \* \* \* \* \* \* \* \*

What's really going on at the Democratic National Convention? Matt Fruth, president of the Young Democrats of Illinois, is in Charlotte, N.C., as a delegate, and he's giving RedEye a behind-the-scenes peek at the event.



Everyone gets to see the speeches and videos in prime time, but delegates start arriving hours before that-it's important to get to your delegation and stake out a good seat.

Business and speakers begin at 5 p.m. local time every night. By the time you see us on TV. most of us have been there for three hours, and by the end of the night it's been six hours of standing and sitting and yelling.



The non-prime time speakers have a huge burden to bear with lots to lose. They have to keep the crowd's energy up and know they probably won't make TV unless they screw up. Speakers such as Corey Booker, mayor of Newark, N.J. and Gov. Quinn (above), among others, were able to engage a still-filling arena from the podium and then move around to visit with delegates.

I can safely speak for every attendee when I say that we can't wait until President Obama's speech Thursday

\* \* \* \* \* \* \* \* \* \*



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NAMIWALKS Chicago

Homicides from Aug. 29 to 4 p.m. Wednesday.

### HOMICIDE TRACKER

#### **By Tracy Swartz**

TSWARTZ@TRIBUNE.COM | @TRACYSWARTZ

Greater Grand Crossing on Tuesday logged its fifth homicide in about a month, a RedEye analysis of preliminary police data found.

An 18-year-old man was shot to death in the 6900 block of South Princeton Avenue, police said.

Greater Grand Crossing has recorded 19 homicides so far this year, according to RedEye data. The South Side community area logged 21 homicides last year.

Citywide, gunshot homicides were recorded in the past week in Calumet Heights, Chatham, New City, Uptown, Washington Park and West Elsdon, data shows.

Meanwhile, a man was stabbed to death Aug. 30 in the 7000 block of South Artesian Avenue in Chicago Lawn, police said.

Thirty-four fatal stabbings have been recorded so far this year—already surpassing 2011 and 2010 totals. Stabbing fatalities are up 78 percent this year compared to the same

7000 BLOCK OF S. ARTESIAN AVE.
Date: Aug 30 Cause: Stabbing

4800 BLOCK OF S. ASHLAND AVE Date: Aug. 31 Cause: Gunshot

4400 BLOCK OF N. BROADWAY
Date: Sept. 2 Cause: Gunshot

9200 BLOCK OF S. CHAPPEL AVE.
Date: Sept. 2 Cause: Gunshot

period last year,
RedEye data found.
August ended last

chicago

August ended last week with 57 homicides, up from 37 homicides in

August 2011, according to RedEye data. This was the deadliest August since August 2010, which saw 60 homicides, RedEye data found.

Six homicides have been logged so far this month. Thirty-nine homicides were recorded in September 2011, RedEye determined.

5300 BLOCK OF S. HAMLIN AVE. Date: Sept. 2 Cause: Gunshot

6900 BLOCK OF S. PRINCETON AVE.
Date: Sept. 4 Cause: Gunshot

8100 BLOCK OF S. INGLESIDE AVE.
Date: Sept. 4 Cause: Gunshot

5400 BLOCK OF S. WABASH AVE.

Date: Sept. 4 Cause: Gunshot



#### **MORE ONLINE**

Check out RedEye's interactive homicide map at **redeyechicago.com/homicides**, which now includes information on every homicide in Chicago since Jan. 1, 2008.

### Teen charged in shootout case

#### **Chicago Tribune**

A teenager has been charged with attempted murder after he exchanged gunfire with Chicago police in an alley in Gresham, authorities said. Andre Jackson, 17, of the 8900 block of South Parnell Avenue, also faces two counts of aggravated assault of a police officer with a firearm in the shootout with two Area South Gun Team officers, police said.

The shooting took place about 12:25 a.m.

Tuesday in an alley in the 8900 block of South Union Avenue, according to police.

During a foot chase, the pursuing officer saw the teen pull a handgun and aim it at him, Fraternal Order of Police spokesman Patrick Camden said. The officer identified himself and fired, wounding the teen when he refused to drop the weapon, Camden said. The teen began firing back before he was shot several more times.



93**:XRT** 

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#### **U.S. in tough** talks with China

Secretary of State Hillary Clinton held talks with a string of Chinese officials in Beijing on Wednesday but appeared to gain little traction on the sensitive issue of the competing maritime claims of China and its neighbors.

#### **BP** accused of negligence in spill

The Department of Justice is accusing oil company BP of gross negligence and a "culture of corporate recklessness," in the 2010 Gulf of Mexico oil spill, a charge that could significantly increase the damages BP could be forced to pay in the case.

#### **Warning for Yosemite visitors**

Health officials said Wednesday that they've sent warnings to Yosemite National Park visitors from 39 other countries about a potentially deadly hantavirus uncovered at some of the park's cabins this summer. The syndrome is a rare lung disease that kills about a third of those infected.

#### **Dead fish litter** Erie's shore

Tens of thousands of dead fish have washed up on a 25-mile stretch of Lake Erie's northern shore, and Ontario environmental officials say they could be victims of a natural phenomenon called a lake inversion, a churning that results in less oxygen for the fish.

#### 'Queen of Cocaine' shot to death

An elderly woman who was known as Colombia's "Queen of Cocaine" was gunned down in the northwestern city of Medellin, police said Tuesday. Griselda Blanco, 69, had ties to the drug lord Pablo Escobar.

#### West Nile cases rise throughout U.S.

The number of cases of West Nile virus reported in the U.S. rose 25 percent in the past week, while the number of deaths from the mosquito-borne disease jumped 32 percent, officials said.

#### **THE DIGIT**

This week, 1.2 million limited-edition cans of condensed tomato soup with labels inspired by Andy Warhol's Pop art go on sale to commemorate the 50th anniversary of his famed art piece "32 Campbell's Soup Cans."



Former President Bill Clinton addresses the DNC on Wednesday. GETTY IMAGES

## **Clinton delivers** his endorsement

**CHARLOTTE, N.C.** Assuming the role of advocate-in-chief, former President Bill Clinton delivered a resounding endorsement of President Obama on Wednesday night, saying he inherited a terrible economic situation and kept it from getting worse.

"In Tampa, the Republican argument against the president's re-election was pretty simple: We left him a total mess, he hasn't finished cleaning it up, so fire him and put us back in," Clinton said in remarks prepared for his primetime speech, the climax of the second day at the Democratic National Convention.

"I like the argument for President Obama's re-election a lot better," Clinton went on. "He inherited a deeply damaged economy, put a floor under the crash [and] began the long hard road to recovery."

The vouching of one president for another provided a high-minded note for what had been

#### **PLATFORM FIX**

Before President Clinton took the stage, Democrats worked furiously to contain a controversy over the party platform, reinstating language that maintains Jerusalem as the capital of Israel. The party also reinstated the word "God" into the platform.

an evening of unrelenting attacks on the GOP nominee, Mitt Romney, and his running mate, Wisconsin Rep. Paul Ryan.

Preceding Clinton, Elizabeth Warren, the consumer crusader and liberal heroine, delivered a fiery populist address, saying the pair would undermine the middle class by slashing the social safety net.

Romney "wants to give tax cuts to millionaires and billionaires, but he and Paul Ryan would pulverize financial reform," she said.



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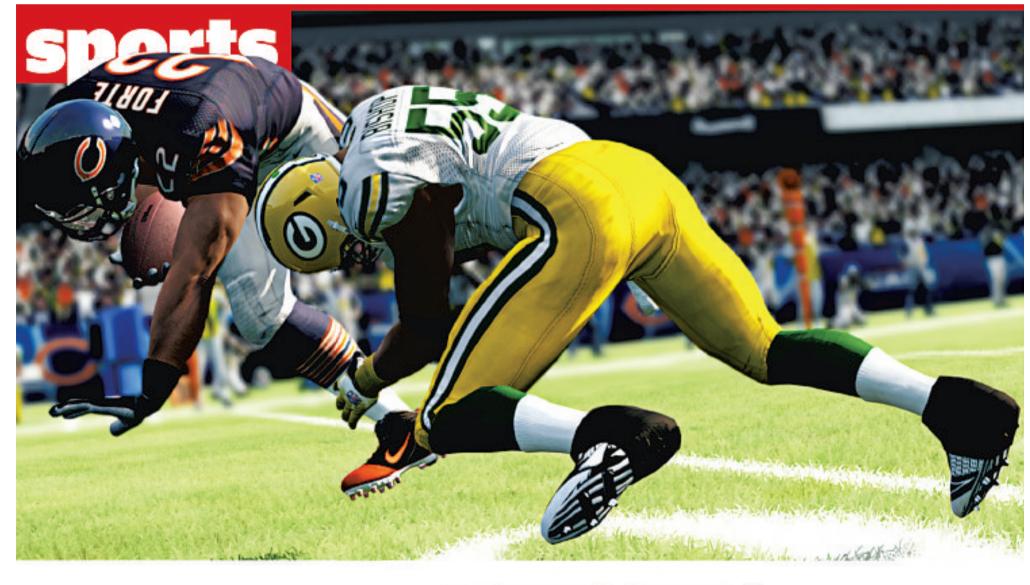
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# VIRTUAL TRUTH

#### SIMULATION SAYS: GREEN BAY IS STILL THE BEARS' REALITY CHECK

By Ryan Smith I FOR REDEVE

Last week, EA Sports got Bears fans in a tizzy by predicting the Bears would finish 12-4 in the regular season and earn the No. 1 seed in the NFC. RedEye then upped the ante by using "Madden NFL13" on Xbox 360 to simulate the regular season and playoffs. If real life reflects video games, this season will play out like an ecrie flashback to 2010 - complete with an agonizing NFC championship loss to the hated Packers. Here's the blow-by-blow.

#### REGULAR SEASON



#### GAME 1 Bears 40 Indianapolis 38

The Colts and new franchise QB Andrew Luck almost had

enough luck to spoil the Bears' home opener, but Jay Cutler hit his new main squeeze, Brandon Marshall, for a 17-yard TD.



#### GAME 2 Green Bay 38 Bears 35

Someone should put out an Amber Alert for the Bears

defense. For the second game in a row, Cutler and Crew light up the scoreboard, but the D allows Cedric Benson to run for 200 yards and two touchdowns. That's right, THAT Cedric



Bears 34 St. Louis 21

That's better. The Bears defense gets some of its teeth back by

picking off three Sam Bradford passes and holding the Rams offense to two touchdowns. Rookie wideout Alshon Jeffery has his first big game as a pro with 88 yards receiving and a touchdown.



#### GAME 4 Bears 27 Dallas 24

Brian Urlacher suddenly looks 10 years younger. He racks up 12

tackles and forces a fumble as the Bears edge out the Cowboys.



#### GAME 5 Bears 51 Jacksonville 14

Have mercy, Bears! Taking advantage of a muddled QB situ-

ation in J-Town, the defense picks off Chad Henne five times and sacks him six times in a romp over the Jaguars.

#### MVP

#### **Jay Cutler**

4,799 yards, 41 TDs, 18 INTs

Jay isn't exactly Mr. Congeniality, but when he's putting up career high numbers, it's hard for a Bears fan not to adore him,

#### ROOKIE OF THE YEAR

#### Alshon Jeffery

63 receptions, 1,049 yards, 12 TDs

Are we sure this rookie wideout isn't a seasoned vet? According to Madden, Jeffery
would be the eighth first-year wide receiver
ever to break the 1,000-yard receiving mark.

#### PLEASANT SURPRISE

#### Brian Urlacher

121 tackles, 1 sack, 4 INTs

We're all for Urlacher's secret, barely legal medical procedures for his knee in Germany if it means he'll lead the teams in tackles and finish second in picks.

#### **BIGGEST DUD**

#### The offensive line

The porous O-line allowed Cutler to be sacked 43 times in the regular season, making it a small miracle that he plays in all 16 games.

REGULAR SEASON CONTINUED



#### GAME 6 Detroit 34 Bears 27

Totally disregarding the Madden cover curse, Detroit superstar

Calvin Johnson nabs nine catches for 184 yards and two scores as the Lions erase a 10-point fourth-quarter deficit.



#### GAME 7 Bears 38 Carolina 28

Behind Cam Newton's big arm, the frisky Panthers outgain the

Bears but ultimately lose because of the turnover battle. The Panthers cough up the ball three times compared to none for the Bears.



#### GAME 8 Bears 31 Tennessee 3

The Bears make the Titans look pretty tiny. Matt Forte and

Michael Bush combine for 165 yards on the ground and two touchdowns and the Bears defense takes care of the rest.



#### GAME 9 Bears 36 Houston 20

Marshall and Cutler are starting to establish quite a groove thing

on the field. They hook up for 105 yards and a touchdown in another big game on offense for Chicago.



#### GAME 10 San Francisco 29

Bears 26

The Bears' furious fourth-quarter comeback that includes

16 points in just over 12 minutes comes up short as Alex Smith's three TD passes are enough for the defending NFC West champs.



#### GAME 11 Minnesota 38 Bears 20

Oops. Even though the Bears knock Vikings starting QB

Christian Ponder out of the game, they can't stop backup Joe Webb from tossing two scores in Minnesota's upset special.



#### GAME 12 Bears 32 Seattle 29

It wasn't pretty, but the Bears hold on against Matt Flynn and

the upstart Seahawks. The Bears running game carries the offense with 228 yards, including a season-high 116 for Bush.



#### GAME 13 Bears 34 Minnesota 14

Revenge is sweet. Two weeks after an embarrassing loss

at home to the Vikings, the Bears stuff the Minnesota passing game and gain an eye-popping 572 total yards.



#### GAME 14 Bears 29 Green Bay 11

Aaron Rodgers eviscerated the Bears' defense in Week 2, but

Mr. Discount Double Check is held in check this time, throwing for a season-low 143 yards and no touchdowns.



#### GAME 15 Bears 37 Arizona 7

Are we sure John Skelton doesn't secretly play for the

Bears? The Cardinals QB hurls six interceptions—two to cornerback Tim Jennings—in the Bears' easy, breezy victory, Free Kevin Kolb!



#### GAME 16 Lions 25 Bears 13

With a division title on the line, the Bears lay a big fat egg

against the Lions. Again, the defense can't find an answer to the Stafford-Johnson connection.





#### WILD-CARD ROUND

Bears 26 Atlanta 17

Forget Jay and Kristin-Jay and Brandon are the new Chicago

power couple, Marshall catches 10 special deliveries for 126 yards and a touchdown as the Bears roll against the Falcons.



#### DIVISIONAL ROUND Bears 41 San Francisco 27

So much for the vaunted Niners D. Cutler cuts them down to size

to the tune of 359 yards through the air and four touchdowns.



#### NFC CHAMPIONSHIP Green Bay 29 Bears 20

No! Not again! The Bears offensive line allows the Packers

to run wild as they sack Cutter six times in another soul-crushing defeat to their NFC North archrivals.





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#### fiveonfive

#### RELIEF

Brian Urlacher says he's pain-free. It's probably because he's laughing so hard after reading these five, right? Right?!



Brian Moore genthe nebgay RedEye Web editor



Grant Yanney 8gy3/2 RedEye contributor/ groove maker



Matt Pais @mattpais RedEye's movies and music guy



Kat Velez gvansondancan glogger, runsonduncan. com



Chris Sosa @redeye sportsch/ RedEye sports editor

When Brian Urlacher says he's "pain-free," what does he mean?

He's no longer sacking Jenny McCarthy. He's got the same knee brace as Bruce Wayne in "The Dark Knight Rises"? "Multiply what you weaklings can handle by 100, and that's where I'm at now. Which is fine." Jenny McCarthy finally stopped texting him. "I should have had my knee scoped in the first place."

How are you celebrating the NFL's return?

I'm getting pulled over for DUI every night for the next week. Bonus: Weapons in the glove box. Hopefully with a good first week of fantasy ball. Go, Team Johnny Five Die Don't! Triple-backflip-axel-turnover. As everyone knows, that's code for, "Watching the games." By finding the closest Packers fan around and punching him in the face. By entering a Peyton Manning look-alike contest. I've been told it's long overdue.

Grade the White Sox players' new mustaches.

They get a "not a chance" on the Joel Quenneville mustache scale. I couldn't care less. Mustaches. Passion of Christ beards. If that helps beat KC, more power to them. Out of 5 Sellecks, I give ... actually, wait. What I meant to say was, "Pass." I give them an F, for Friggin' Funny. Those are the White Sox? I thought they were "Django Unchained" stunt doubles.

4 If Blackhawks players opt to play in Europe ...

> How is a political convention like Chicago sports?

... I can't wait for the drunken-Patrick-Kane-in-Ireland photos.

A lot of scoring. Drunken

dreams. Guess which one I'm

shenanigans. Broken

talking about.

.. then Patrick Kane will be known as Euro P. \*quietly creates new nicknames for rest of team\*

If only I could somehow link this question to Glen Rice and Sarah Palin. I'm rusty .. they can at least bring back some food. You guys are going to Italy and Spain, right? Not London?

Some find it exciting. Some find it boring. Everyone eventually gets tired of the analysis.

... I'll be starting up the "Send Kat To Europe" fund.

Lots of hype and promise, but they'll let you down eventually. ... we're gonna miss Derrick Rose even more. Take care of that knee, buddy.

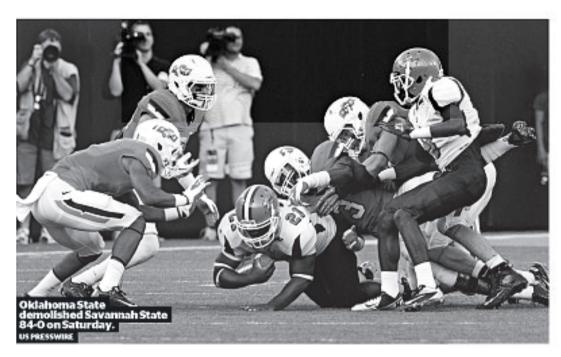
The weather sometimes messes things up. And M-Rahm always shows up out of nowhere.





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## **GO NUTS!**

#### SETTLING SPORTS-BASED DISAGREEMENTS ONE ARGUMENT AT A TIME

With a few exceptions, college football's marquee programs are busy beating high school teams. OK, so it's not THAT bad, but most scores are pretty lopsided. Our latest showdown tackles this unwritten "tradition."

#### This round: Should major college football teams play "cupcakes"?





Matt Lindner
MUNDNER@TRIBUNE.COM
@MATTLINDNER

While I agree that cupcake games are the awkward couch makeout session before the raging multiple orgasm that is conference and rivalry play in college football, you're not looking at the big picture. For the Grand Valley States and Florida A&Ms (Go Rattlers!) of the world, these games are in some cases a way to fund their entire athletic budget. The schools are helping keep these teams competitive in their own conferences and divisions. That whole "you should play the best of the best" argument is BS, by the way. There are teams in every major conference who'd might as well be a "W" when you see them on the schedule. And if we're eliminating cupcakes, we also should drop some of these conference lame ducks. Don't forget that a cupcake game isn't always a blowout. NO ONE is unbeatable in college football. It's why we watch.

You'd be outraged if you saw a 300-pound giant picking a fight with a much smaller opponent in a bar. The early part of the college football season, when alleged national championship contenders take on inferior competition, is the rough equivalent. Most of the time, the contests are joyless affairs attended by less-than-capacity crowds, a pointless exercise in penis measurement. Football fans who derive joy from seeing their favorite team beat an overmatched opponent 84-0 (I'm looking at you, Oklahoma State) are also the kind of people who enjoy kicking puppies and yelling at small children. I get that there's no preseason in college, but isn't part of the reason you play Division I football so you can see how you stack up against the best? You don't start your meal at a fancy restaurant with a cupcake, and major conference teams shouldn't start their season with them either.



FANTASY FIX

Dan Richman

### These Bears are fantasy beasts

Week I in the NFL is here, and for the first time in longer than a decade the Bears have more than a few viable fantasy regulars. Am I drinking Bears Kool-Aid? Yes, based on facts. The team has outstanding fantasy options, and that's without even mentioning the defense or Devin Hester. Look for these Bears to provide a huge lift all season.

#### **Jay Cutler**

Cutler was hampered by a thumb injury and offensive coordinator Mike Martz in 2011. But this year he is a top-tier fantasy QB. The positives: great arm, good awareness in the pocket, loves to throw to Brandon Marshall. The negatives: the offensive line, poor decision making in the red zone. The positives outweigh the negatives though, so look Cutler is a fantastic option.

#### Matt Forte

Forte got paid, but his fantasy stock could go down a smidge with the addition of Michael Bush. Forte, a do-everything back, is valuable for fantasy owners. He should get 1,000 yards on the ground and 500 receiving, but i'd be surprised if he scores more than seven times.

#### Michael Bush

Bush is a good flex option. He was great for Oakland in 2011, rushing for just under 1,000 yards and seven scores. Bush will get the bulk of work deep in the red zone. Look to this Bear for 10 rushing touchdowns, too.

#### Robbie Gould

The kicker keeps getting better.
Gould made 87 percent of his field
goal attempts, connected six times
from over 50 yards and did not miss
an extra point last year. He's a top10 fantasy kicker, and his value will
improve with the Bears lighting it up.



#### Brandon Marshall

The Bears' big offseason splash will be great. Marshall caught 81 balls for over 1,200 yards for a bad Miami team. With Cutler slinging the rock, 90 catches, 1,300 yards and 10 scores should be a breeze for Marshall

#### Alshon Jeffery

The rookie from South Carolina is a sleeper. Jeffery looked good in preseason, catching eight balls for over 100 yards. Cutler likes big targets, and Jeffery fits the mold at 6-toot-3 and 216 pounds.

DAN RICHMAN HAS PLAYED FANTASY FOOTBALL FOR MORE THAN 15 YEARS AND HOSTED A SHOW ON WSCR0670-AND FOR YEARS UNDER THE MONIKER "SUPER FAN DAN."



#### THE FINISH LINE

- » White Sox 6, Minnesota 2
- » Washington 9, Cubs 1
- « Ozzie Guillen (@OzzieGuillen) returns to Twitter, tweeting "iam.Baaaaaaaaaaaaaack."



# Delly dance shows off new moves at asian barbecue spot

#### **FAST FACTS** ON BELLY Q

For groups: Bring three adventurous friends and request a grill table when vou make vour reservation. Grilled meats are just one part of the menu, though, so you're not missing out if you sit in the main dining room and let the kitchen do the cooking.

For dates: Skip the stools along the bar and instead opt for a duo of highbacked chairs facing tables that are just big enough for a couple of cocktails and bites to share.

Love it: Draft wine, Vietnamese iced coffee and tea on tap and appetizers priced \$6 to \$8 in portions similar to what you're used to paying \$10 to \$14 for in this neighborhood.

Quick fix: Visit the adjacent to-go counter to order custom salads or rice paper wraps from 11 a.m. to 9 p.m.

#### **By Lisa Arnett**

REDEYE

There's only one person who mentions the word "belly" more often than a gossip magazine's celebrity baby-watch

**Belly Q** 1400 W. Randolph St. 312-563-1010 Alro hot Aiready

section. That's Bill Kim, a fine-dining chef who's gone casual with his super-popular pan-Asian restaurants Urban Belly in Avondale and Belly Shack in Wicker Park. In late August, he welcomed a third baby to the Belly family, Belly Q. Since I've been waiting for Kim's latest creation with the bated breath of a Beyonce fan counting down to Blue Ivy's arrival, I was happy to brave the dinner crowds during the West Loop restaurant's second weekend open. I left with a full belly and answers to a few questions I'd been wondering about.

#### Is this Korean barbecue or what?

Kind of. Kim calls Belly Q "modern Asian barbecue." What that means is he's taken the Korean barbecue you know from grill-at-yourtable classics such as Cho Sun Ok and Sab Soo Gab San and twisted the flavors in the broader, pan-Asian direction of Belly Shack and Urban Belly. Kim also hopes to make it more interactive and accessible. "You go to a traditional barbecue [restaurant and] you get 13 or 15 different [things]



at your table and someone just walks away, not describing what you're eating." Six tables along the front windows as well as the chef's table near the kitchen feature Japanese infrared grills built into the tabletops. Of course, grilled dishes are just one part of a menu that features tofu hot pots, smoked meats, salads and snacks.

#### Can I order my favorites from Belly Shack and Belly Q here?

If your fave is the edamame, then yes. Kim serves the snack the same way as at his other restaurants, with soy-balsamic glaze and crispy fried shallots (\$4). Belly Q also serves the same Chinese eggplant with Thai basil (\$6) as Urban Belly, as well as soft-serve (\$6, with fun toppings such as coconut jelly and passion fruit ice) that's similar to Belly Shack's. And though the Korean staple of kimchee may not look exactly the same here as at Kim's other restaurants because it's made with different veggies, the kicky marinade is identical.

#### What'd they do with the pizza oven?

It's still here. Kim has put the wood-burning pizza oven left behind by previous restaurant tenant One Sixtyblue to use making Korean pancakes, a favorite dish that his mom cooked for him growing up. A batter of rice flour, eggs and ice water with veggies mixed in is poured into a thin circle and then baked. Each pancake is topped with seafood (\$8), goat's milk feta (\$7) or chunks of thick bacon and shreds of spicy kimchee (\$8), the latter of which makes for a heavenly combo of smoky and spicy flavors. "It's my interpretation of pizza," Kim said.

#### Isn't barbecue supposed to take a long time?

"Low and slow" is for the motto for American barbecue, but Kim wanted to showcase Asian barbecue techniques that don't take hours in a smoker to develop flavor. Tea-smoked duck



breast (\$20), pork steak (\$18) or lamb ribs (\$23) cook for about 10 minutes in a smoker with a mixture of Chinese black tea, flour and sugar. Likewise, beef short ribs (\$20) spend 24 hours marinating before hitting the grill (either in the kitchen or at your table) for

just a few minutes. The result is a beautiful blank slate for three made-from-scratch sauces: soy-balsamic, serrano chili (which deserves its name, Belly Fire) and hoisin. I happily bounced between them —tangy, spicy, sweet, repeat—with each bite of meat.

#### Does that guy behind the bar look familiar?

You bet. He's Peter Vestinos, Sepia's former bartender who has moved on to become a mixology consultant extraordinaire and, most recently, Belly Q's beverage director. The last cocktails shaken by Vestinos that I drank were super-strong pours meant to be slowly savored at now-closed Wicker Park lounge The Exchange. By contrast, Belly Q's cocktails are less potent but go down easy



with food, countering all the spice and tang. For example, the Red Lotus (made with sake, yuzu, plum basil seed, cane sugar and sesame leaf, \$9) is Vestinos' answer to Kim's request for a mojito-like drink.

#### **Bottom line**

Randolph Street has grown more crowded lately, but not everything with a Restaurant Row address delivers. Bill Kim's latest Belly venture definitely lives up. The flavors are bold enough to keep you interested and tantalizing enough to keep you going back for more. Expect to leave with a very happy belly.

REVIEWERS VISIT RESTAURANTS ANONYMOUSLY AND MEALS ARE PAID FOR BY REDEYE.

LMARNETT@TRIBUNE.COM | @REDEYEEATS

#### Kitchen karaoke

There are two doorways next to Belly Q's open kitchen: One leads to a private dining room, while the other opens up into a karaoke room, now open after 9 p.m. and open to anyone willing to obey the two-song maximum ("Because, you know, people will hog the microphone," Kim said). In honor of Kim's plans to challenge other chefs to "karaoke throwdowns," we asked chefs from other Randolph Street restaurants what they'd sing if Kim handed them the mic. Find song picks from Girl & the Goat's Stephanie Izard, Nellcote's Jared Van Camp and others at **redeyechicago.com**.



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## **NIGHTCRAWLERS**

#### SEEN ON THE SCENE AT ... SKY TERRACE AT THE IVY HOTEL, 233 E. ONTARIO ST.

On Friday night, we took to the sky ... or at least the Sky Terrace, the new rooftop bar at the lvy Hotel. Amidst the sleek, glowing bar and Hunger Games-like lanterns, we found some partygoers who were enjoying the vibe. craig seymour for redeye



#### What brings you out tonight?

eat&drink

We love rooftop bars, so we're always looking for a new place. And it's Friday night. We just wanted a place to sit outside for happy hour right after work.

#### What makes a great rooftop

bar? Good music. We've been to plenty of rooftop bars where there is just quiet, like nothing. But this has a club feel.

How do you dress for a rooftop bar? When I put together my outfit, I thought, "It's a nice day." So I put on a skirt and not-too-high heels. No stilettos. Like comfortable heels.



**Liz Villasenor** 27. teacher

What do you like best about rooftop bars? The breeze, the view and the atmosphere. It's like, "Look at the city."

#### What are drinking and why?

A mojito. I had a regular mojito and a mango mojito. They're refreshing.

What are you most looking forward to about the fall? Pumpkin patches, the leaves and fall fashion.

What's the one thing you're looking forward to wearing in the fall? Burgundy



We're downtown now, but in general, what's your favorite neighborhood to party in? I would say Wicker Park, mainly because all the bars are so close to each other. You can just walk everywhere. And it's very diverse.

What are you drinking and why? Tonight I just had an Abita Purple Haze. I've had it once before. I like raspberryinfused beers.

A lot of guys with curly hair keep it really short. What's your advice for someone who is thinking about growing his hair out? People shouldn't be afraid to grow their hair out because it's curly. That's just the way it is. There's no need to hide it. Embrace your culture and your ethnicity.





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#### Chicago Tribune

Among the symptoms of being a "beer nerd" is the beer collection.

Such collections usually comprise limited-edition beers in different styles and sizes, manufactured by various breweries. They're fun to build and even more fun to gaze upon while pondering how that black and boozy Russian imperial stout is only improving with time.

A pitfall of many beer collections, however, is stashing beer that shouldn't be stashed. That includes most beers in which pungent, floral hops are a defining characteristic. After all, hops are plants. You wouldn't eat 6-month-old spinach, would you?

With that in mind, Stone Brewing has launched "Enjoy By" India pale ale, a 22-ounce plea for drinking fresh.

The first batch, Enjoy By 09.21.12 IPA, was bottled on a Friday in August and available four days later in three beer-loving locales where the brewery thought its experiment would work: Chicago, southern California and New Jersey. The goal, as you have probably guessed, is to have all the beer consumed by Sept. 21, when the robust hops within (there are a whopping II varietals) will taste freshest and most lively.

Breweries long have tiptoed around the subject of

freshness, usually with a minute suggestion on the side of the bottle that the beer is "best before" suchand-such date. In this case, the bottle screams out the suggestion, which hardly seems like a suggestion. In such large letters and numbers, it seems more like a command.

"This isn't just about the beer, but the conversation about the beer," said Greg Koch, Stone's chief executive and co-founder, "More and more people are collecting beer, which is awesome, but we all have an experience of waiting too long to open a bottle."

Even Koch has been guilty.

"I've kept wonderful beer past its prime to the point that it wasn't wonderful beer anymore," he said.

As important as the conversation might be, the best thing about Enjoy By og 21.12 is what's in the bottle: a deft sensory explosion. Like the most memorable IPAs, Enjoy By is pines, fruity, thick, savory and juicy. As soon as you experience your first revelatory robust whiff, the merits of drinking fresh will be clear.

The beer's early buzz could lead it to become a regular in Stone's rotation, including an encore in Chicago. But up next, Koch said, will be Enjoy By 11.09.12, which will be released in early October in Ohio and Colorado.



#### ASTE FOR VOLIDSELE

Stone's Enjoy By 09.21.12 IPA will be available on draft with 15 other Stone beers at Whole Foods (1550 N. Kingsbury St.) at 6 p.m. Thursday. Availability of the beer can be tracked at stonebrew ing.com/enjoyby





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1950 W. North

MON • 50cent Jumbo Wings • \$2 Shots • \$4 Svedka Vodka Mixers • \$5 Chicken n Waffles • \$5 Jamo Shots • \$15 Domestic Buckets

**SUN** • 25cent Wings • \$5 Shot n Beer • \$6 Domestic Pitchers



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• \$20 Football Meal Package

Jumbo Wing Specials

\$9 Bottomless Mimosas

• The Best Priced Football Meal Package in Wrigley! • Watch All Your College Football in our Beer Garden... just like

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SUN · Steelers Bar

Saturday, Sunday & Monday Football Specials

• \$4 22oz Domestic Drafts • \$5 Steelers Bombs

• \$2 16 oz. Old Style cans

• \$4 Pints of Revolution Brewery Beers

An Award Winning Menu

• 5 Semi-Private Booths

\$6 Blood Marvs

312.939.1818 ginoseastsportsbar.com •\$6 Jumbo Wings

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• Watch your own game & choose your own menu

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SAT · WATCH EVERY COLLEGE GAME! 27 HDTVs

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• Tailgate Cabanas w Mix n Match Coolers • Brunch menu in October



SAT · Alabama Football

• \$4 2207 Domestic Drafts • \$5 2207 Well Drinks • \$5 Rama Rombs

• \$5.99 Dreamland Pulled Pork Sandwiches

• \$5 40oz Beers • \$6 Domestic Pitcher • \$3 SoCo Lime shots 3369 N. Clark •\$3 Fireball Shots



houndstoothsaloon.com

**SAT** • \$9 Bud Light pitchers and other Bud Family Specials



• \$6 Truffle Tater Tots • \$7 Beer & Cheese Dip • \$8 Rockit Poppers •\$9 Chili Mac •\$10 Loaded Fries

22 W. Hubbard rockitbarandgrill.com

**Game Day Drink Specials** • \$20 Heineken / Amstel Buckets (5) • \$15 Bud / Bud Light Buckets (5)

**Badger Gameday Saturdays** 

• \$5 Bloody Mary, Mimosas, Makers Mark, Mojitos & Margaritas



• \$5 Grey Goose Cocktails • Half Off Bar Bites

• \$5 Brats • \$5 Cheese Curd Basket • \$5 SoCo Lime Shots • \$5 Jameson Shots • \$6 22oz Miller Lite Drafts

• \$8 22oz Leinenkugels Drafts • \$8 22oz Bloody Marys All specials require purchase of a Badger Glove and Mug for \$10

• 22oz Drafts For Normal Prices • \$5 Bacardi Bombs

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Green Line, Stella Artois

312.527.5973 bullbearbar.com

• \$5 22oz Thirst & Goal Drafts - Bud Light, 312, Hoegaarden,

• \$5 Jager Bombs • \$6 22oz Thirst & Goal Cocktails • \$20 Bottomless Mimosa & Bloody Mary's

· Weekly BEARS Ticket Giveaways · Bud Light Tailgate Giveaways

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Detroit Lions Football & Duffy's Famous Sunday Brunch Buffet Every

•\$19.95 from 10am-3pm



**THU** • \$1 In House Made Chicken Tenders • \$3 Domestic Tallboys

**SAT** • \$5 Build your own Nachos • \$5 Lagunitas Drafts • \$4 Bottles

**SUN** • \$4 Beer Braised Char-grilled Brats with Fries • \$15 Domestic buckets •\$5 Naked Jay Bloody Mary's • \$10 bottomless Mimosas



327 S. Plymouth

FRI • \$1 Fish Tacos • \$5 Pomegranate Martini • \$18 New Castle Tower

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Home of Michigan Football

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312 644 0004

theorychicago.com

•\$5 Templeton Rye cocktails •\$16 domestic buckets

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• 1/2 priced wings • \$16 Bud Family buckets



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773.477.7311 finleydunnes.com

kirkwoodbar.com

400 N State

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Official Arkansas and Auburn Bar.

THU • \$1 Bottles • \$5 Bombs • Trivia

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Stella Artois

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Gameday Saturdays

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SAT • \$3 Bottles • \$20 Fishbowls • Half-Price Appetizers

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MON • \$3 Drafts • \$3 Bacardi Drinks • \$3 Burgers



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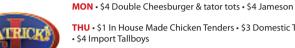
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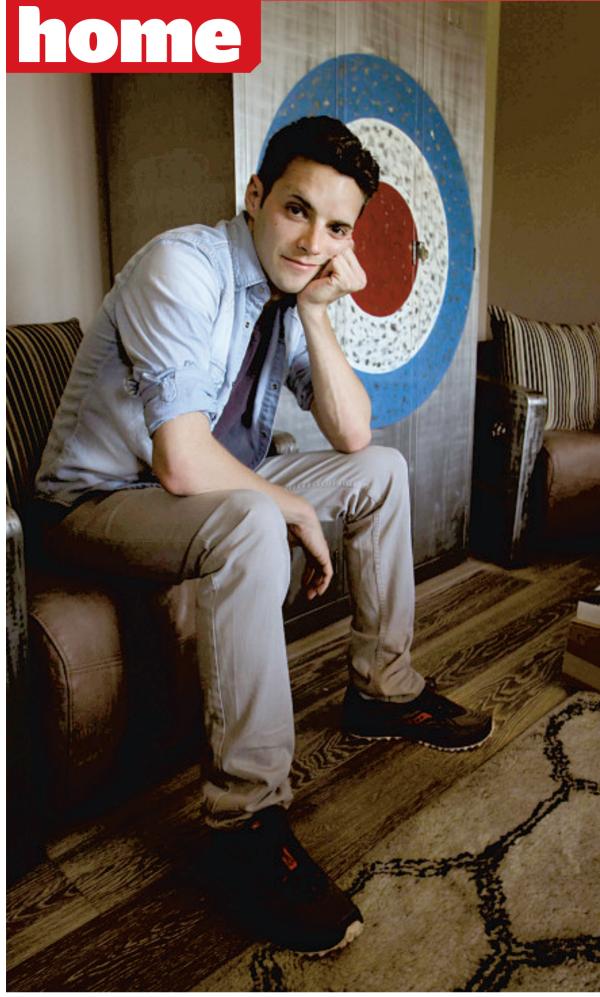


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Rising decorator Kyle Schuneman's forthcoming book is loaded with ideas for people on a budget. LOS ANGELES TIMES PHOTOS

# BULL'S-EYE

# Chicago native has a new book to inspire other 20-somethings to ditch their dorm decor

#### **Tribune Newspapers**

Kyle Schuneman is only 27, yet the Chicago native has worked as a stylist, set decorator and interior designer for nearly a decade, ever since he deferred admission to Loyola Marymount and moved to L.A. when he was 18.

"I've been subscribing to Architectural Digest since I was 13," Schuneman says. "I always wanted to design."

By 2010, House Beautiful had named him one of the "Next Wave of Top 20 Designers," and he had art-directed 75 episodes of "Giada at Home" on the Food Network. Now Schuneman is at work on a Woolite pop-up fashion store to open for New York Fashion Week as well as the House of Rock, a Santa Monica, Calif., design showcase and party venue sponsored by Rolling Stone magazine that's scheduled to launch Sept. 15.

With his camera-ready looks and a well-stocked bag of decorating tricks, Schuneman has one more new role: author. Next week Clarkson Potter/Random House will release "The First Apartment Book: Cool Design for Small Spaces."

It's a remarkable feat for a young decorator whose first design gig, if you could call it that, was as a production assistant on a Super Bowl commercial.

"I made \$150 for sweeping up confetti after every take," Schuneman says, laughing. "That was my glamorous entrance."

After years of "going above and beyond to overcompensate for my lack of experience," Schuneman launched his own firm, Live Well Designs, with a style that's part contemporary and part retro, punctuated by quirky, unexpected touches. He hopes his book's easy, how-to format will inspire other 20-somethings to graduate from dorm decor to more stylish, personal environments.

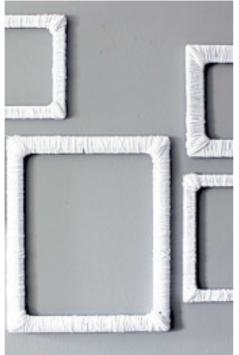
With photographer Joe Schmelzer, Schuneman singled out 10 young apartment dwellers around the country and gave their spaces affordable makeovers. He discovered that though most people his age have a strong opinion about fashion, they don't always have a sense of their own decorating style.

"I had to ask them questions like, 'What kind of hotel do you like?' 'What's your favorite landscape?' Or, 'What's in your wardrobe?' "From those answers, Schuneman devised personality-driven decorating narratives with labels such as the Art Lover, the Bohemian and the Homebody.

"This book is for people who aren't going to be able to hire a designer, but they can spend \$25 for a hard-working resource filled with great ideas," Schuneman says.

Each profile comes with floor plans, cost breakdowns, how-tos and shopping resources. Schuneman shared one of the easiest ideas here.





I've been subscribing to Architectural Digest since I was 13 ... I always wanted to design."

-Kyle Schuneman



Kyle Schuneman's apartment

#### YARN FRAMES

#### **SUPPLIES**

- Wooden picture frames, varying sizes
   1 skein medium weight yarn in your
- color of choice (will cover five 8-by-8-inch frames)
- » Light-duty staple gun with quarter-inch staples

Staple the loose end of the yarn to the top left corner on the back of the frame—just to the right of where the two sides meet. Loop the yarn around the frame twice, pulling it tight. You want it to be flush but not so strained that it could break. Staple the yarn against the back again.

Start wrapping! Working in a clockwise motion, loop the yarn a dozen or so times, and then scrunch it toward the wrapped end to make the effect more substantial. Continue wrapping and scrunching. Do an extra layer around the corners, where yarn tends to slip. Don't worry about things being perfectly straight or the same thickness.

Once you've covered the frame, staple the end of the yarn to the back. Wrap twice, and staple again. Cut the yarn, leaving about an inch extra after the staple to ensure against future slippage. Staple every 3 inches along the back of your frame. Put an extra staple at an angle on each corner.







\*New car prices & payments include applicable manufacturer incentives & manufacturer rebates. Plus tax, title, license & doc fee. In lieu of special financing, \*\*W/ approved credit on select certified used cars Ex. \$42.06 per \$1000 financed w/ \$0 down. Dealer buy down may affect final selling price. Maximum balance \$10,000 for 24 months. †Plus tax, title, license & doc fee. Used vehicles financing based on 60 months @ 7.9% apr w/ \$500 down. Ex. \$10.11 per \$1000 financed w/ \$500 down. Used vehicles 07 or newer, financing based on 72 months @ 7.9% apr w/ \$500 down. Ex. \$8.74 per \$1000 financed w/ \$500 down. W/ approved credit. Financing thru FMCC. Expires 9/30/12. ††Factory warranty. See dealer for details. ^Plus tax, title, license & doc fee. Payments based on 72 months @ 6.9% apr financing w/ \$500 down. Ex. \$8.76 per \$1000 financed w/ \$500 down. W/ approved credit. Financing thru FMCC. Expires 9/30/12. ^^With approved credit. In lieu of manufacturer rebates. Ex. \$16.67 per \$1000 financed with \$0 down. +Based on 2011 FMCC total new retail vehicle sales report. + + Off MSRP. MSRP may not be price at which vehicle is sold in trade area. ~ EPAs estimated highway/city MPGs. Dealer will not honor any pricing errors in this advertisement. Prices are good 2 days from date of publication. Pictures are for illustration purposes only. See dealer for details.

SERVICE & PARTS: M-THR 7A-9P, F 7A-7P, SAT 8A-5P

**OPEN UNTIL 9PM!** 

31

## Museum shop finds

#### For one-of-a-kind items, check out these specialty stores

#### Chicago Tribune

Whether you're hoping to outfit your own office, dorm or home, or just looking for a memorable gift, the shops in Chicago's museums offer a dizzying variety of choices.

#### **The Museum Shop** of the Art Institute

111 S. Michigan Ave.: 855-301-9612 and artinstituteshop.org

Still the grandest of dames in the local museum gift shop galaxy, the Museum Shop has expanded since the Art Institute opened the Modern Wing in 2009. The old-school shop at the Michigan Avenue entrance still offers a wide variety of accessories for vou and vour home, as well as loads of prints and books. Among the high-end home accessories at the Modern Wing store is a gorgeous collection of mouth-blown glass by North Carolina-based glass artist Pablo Soto.

#### **The Symphony Store**

220 S. Michigan Ave.: 312-294-3345 and cso.org

The new shop for the Chicago Symphony Orchestra has fewer books than the previous store, but the music collection remains strong, with a special section devoted entirely to Maestro Riccardo Muti's work. including a hardcover edition of his autobiography. Even more recordings and performance videos are available online. You can find whimsy among the highbrow-for \$27, you can pick up a wooden "fiddle" cutting board. You can also buy your own conductor's baton for \$7.50.

#### **Museum of Contemporary Art Store**

220 E. Chicago Ave.; 312-397-4000 and mcachicago.org

What sets the MCA apart from the other museum stores is its fine collection of DVDs and other multimedia. Whether you're looking for the selected works of pioneering video artist Bill Viola (\$43) or the six-CD/LP box set of music by cult/outsider favorite Daniel Johnston (\$84.95), both



the physical and online versions of the MCA store should be on your shortlist for aifts that makes recipients say "Wow. where did you find that?"



MICHAEL TERCHA/TRIBUNE

#### **Chicago Architecture Foundation Shop**

224 S. Michigan Ave., 312-922-3432 and architecture.org

A stroll through the Chicago Architecture Foundation shop provides plenty of opportunities to collect Frank Lloyd Wright-like artifacts in a range of prices. There are books galore about architecture and design, 3-D puzzles and Lego architecture as well as elegant sleek kitchen utensils. The coolest item might be a simple T-shirt, designed by University of Illinois-Chicago graduate Zachary Morrison and depicting the Fab Five of modernist architecture and design: Le Corbusier, Adolf Loos, Eileen Gray, Mies van der Rohe and Wright. The slogan emblazoned on the shirt? "The Mod Squad," of course.

888-AMC-4FUN
Show times change daily &
■Lawless (R) ★ D 1:30, 4:20, 7:10, 9:55
■AMC Independent Cosmopolis (R) ★ D 2:05, 4:45, 7:25, 10:05
■HI & Run (R) D (Closed caption) 7:45
■AMC Independent 2016: Obama's America (PG) D 2:20, 4:50, 7:15,

■The Bourne Legacy (PG-13) 0 1:55, 3:40, 6:40, 9:40 ■Hit & Run (PB) 0:23, 0:15, 7:45, 10:15 ■The Campaign (P) D 1:30, 5:05, 7:35, 9:50 ■Hope Springs (PG-13) D 1:40, 4:15, 6:50, 9:20 ■The Dark Knight Rises (PG-13) D 1:50, 5:25, 9:00 ■AMC independent Celeste and Jesse Forever (R) D 2:10, 4:35,

(773) 509-4949

Compliance (R) 2:00, 4:40, 7:35, 10:00

Beasts of the Southern Wild (PG-13) 1:40, 6:50

Killer Joe (NC-17) 3:55, 9:10

Moonrise Kingdom (PG-13) 1:15, 4:20, 7:10, 9:55

Robot & Frank (PG-13) 1:55, 4:35, 7:15, 9:55

Celeste and Jesse Forever (R) 1:45, 4:10, 7:00, 9:45

Cosmopolis (R) 1:30, 4:00, 7:00, 9:45

Searching for Sugar Man (PG-13) 1:35, 4:15, 7:25, 9:40

(edu) 329-3294 #1042 \*\*The Hunger Games (PG-13) \* 3:45 \*\*Marvel's the Avengers (PG-13) 6:30, 9:35 \*\*The Odd Life of Timothy Green (PG) 1:30, 4:05, 6:40, 9:30 \*\*Bitli & Bun (P) (Closed caption) 12:50, 3:20, 5:50, 8:25, 11:00 \*\*Brave (PG) 12:40, 3:30

LANDMARK CENTURY CENTRE CINEMA (LANDMARK)

■The Bourne Legacy (PG-13) Đ 1:55, 3:40, 6:40, 9:40

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FORD CITY 14 (AMC)

■The Ongieloves in the Rig Ralloon Adventure (G) ★ £ 11:00 1:15

■Lawless (R) ★ Ð 11:05, 1:55, 4:35, 7:20, 10:05

■The Annarition (PG-13) £ 7:50 10:15

■ParaNorman (PG) ₱ 11:25, 1:45, 7:05
■Sparkle (PG-13) ₱ 11:30, 1:30, 2:05, 4:15, 4:45, 6:50, 7:20, 9:30, 10:00

■ParaNorman 3D (PG) 4:20, 9:35

■Ice Age: Continental Drift (PG) D 11:15

#### GENE SISKEL FILM CENTER

Moonrise Kingdom (PG-13) 3:35, 7:30

■Ice Age: Continental Drift (PG) 1:00, 5:20 ■The Amazing Spider-Man (PG-13) 2:50, 7:05, 9:35

#### MUSIC BOX

3733 N. Southport, Chicago

(773) 871-6604 Sleepwalk With Me (NR) 4:30, 7:00, 9:30

# ■Hit & Run (R) (Closed caption) 12:50, 3:20, 5:50, 8:25, 11:00 ■Brave (R0, 12:40, 3:30 ■The Apparition (R0-13) 12:25, 2:35, 5:05, 7:45, 10:10 ■The Campaign (R) 12:45, 3:10, 5:40, 8:20, 10:55 ■Premium Rush (R0-13) 12:05, 2:40, 5:10, 7:30, 10:15 ■The Dark Knight Rises (R0-13) 1:15, 5:00, 8:45 ■The Amazing Spider-Man 3D (R0-13) \* (Closed caption) 10:05 ■Sparkle (R0-13) 1:10 ■The Dark Knight Rises (R0-13) \* (Closed caption) 12:15 ■Resident Evil: Retribution (R) \* ■The Bourne Legacy (R0-13) 1:20, 5:25, 8:05, 10:20 ■ParaNorman (R0) (Closed caption) 30:8:10 ■The Expendables 2 (R) 12:10, 2:45, 5:25, 8:05, 10:40 ■ParaNorman 3D (R0) \* (Closed caption) 12:20, 5:45, 10:35 ■Finding Nemo 3D (G) \* (Closed caption) 12:20, 5:45, 10:35 ■Finding Nemo 3D (G) \* (R0-13) 12:30, 3:00, 4:20, 5:30, 6:50, 8:00, 9:50, 10:50 ■Marvel's the Avengers 3D (R0-13) \* 7:00 ■Lawless (R) (Closed caption) 1:00, 4:00, 7:20, 10:25 **DAVIS THEATRE (VALUE)**

4614 N. Lincoln Ave., Chicago (773) 784-0893 Lauless (R) + 5:20, 7:40, 10:00 2016: Obama's America (PG) \* 5:45, 7:45, 9:45 \*\*Hope Springs (PG-13) 5:10, 7:30, 9:45 \*\*The Bourne Legacy (PG-13) 4:50, 7:30, 10:10

#### G - General audience PG - Parental guider R - Restalcted, under 17 toquites accompanying

Show times change daily

session (PG-13) \* Ð 11:45, 12:15, 2:10, 2:45, 4:30, 5:05, 7:00

■Hit & Run (R) D 1:30, 3:50, 6:15, 8:50 ■Premium Rush (PG-13) D 12:05, 2:20, 4:40, 7:10, 9:45

■The Expendables 2 (R) £ 11:10, 2:00, 4:45, 7:15, 9:55

■The Bourne Legacy (PG-13) Đ 12:00, 3:20, 6:40, 9:40

■The Odd Life of Timothy Green (PG) £ 11:40, 2:15, 4:50, 7:25, 9:50

■The Dark Knight Rises (PG-13) D 11:00, 2:25, 5:50, 9:15 ■Diary of a Wimpy Kid: Dog Days (PG) D 11:20, 1:40, 4:10, 6:45

■Brave (PG) £ 11:05

■Oslo, August 31st (NR) 6:00, 8:00

#### **LOGAN THEATRE**

2646 N. Milwaukee Ave., Chicago (773) 252-0628

■Beasts of the Southern Wild (PG-13) 1:40, 5:35, 9:30 ■Total Recall (PG-13) 1:00, 3:20, 5:40, 8:00, 10:15

■The Intouchables (B) 1:30, 3:45, 6:00, 8:15, 10:30

THE PATIO THEATER

#### PG-15 - Parents strongly cautioned, Som-inappropriate for children under 11

**RIVER EAST 21 (AMC)** 

322 E. Illinois Street, Chicago

888-AMC-AFIIN

Show times change daily ■AMC Independent For a Good Time. Call... (R) 11:25, 2:00, 4:35.

7:15. 9:50 ■The Possession (PG-13) £ 11:05, 12:35, 1:45, 3:10, 4:15, 5:45, 7:00,

■The Words (PG-13) ★ Ð 12:01

■AMC Independent Red Hook Summer (R) ★ Ð 7:05, 10:15

■The Oogieloves in the Big Balloon Adventure (G) ★ D 11:10,

■Lawless (R) ★ Ð 11:15, 2:05, 5:10, 8:00, 10:55

■The Apparition (PG-13) D 11:20, 1:40, 4:05, 6:40, 10:30

■Hit & Run (B) ★ Ð (Closed caption) 11:40, 2:35, 5:25, 8:10, 10:45 ■Premium Rush (PG-13) £ 11:00, 12:15, 1:45, 3:05, 4:20, 5:40, 7:00

8:30, 9:50, 11:00 ■ParaNorman (PG) Đ (Closed caption) 11:30, 2:10, 7:45

■Hit & Run (R) ★ Ð 11:40, 2:35, 5:25, 8:10, 10:45

■ParaNorman (PG) Ð 11:30, 2:10, 7:45

■ParaNorman 3D (PG) 5:00, 10:30

■The Odd Life of Timothy Green (PG) £ 11:55, 2:55, 5:45, 8:25, 11:00

■ParaNorman 3D (PG) (Closed caption) 5:00, 10:30

■The Bourne Legacy (PG-13) f) 11:25, 2:50, 6:15, 9:40

■The Campaign (B) £ 11:40, 2:20, 4:55

■The Dark Knight Rises (PG-13) £ 11:50, 3:40, 4:50, 7:30, 8:45 ■AMC Independent Beasts of the Southern Wild (PG-13) D 11:50,

■AMC Independent Beasts of the Southern Wild (PG-13) Ð (Closed

caption) 11:50, 2:30, 5:15, 7:55, 10:30 ■Brave (PG) € 11:05 1:55 4:40

■Marvel's the Avengers (PG-13) Ð 7:20. 10:40

#### SHOWPLACE VILLAGE CROSSING (AMC)

7000 Carpenter Rd., Chicago (800) 326-3264 #2309

■The Possession (PG-13) ★ Ð 11:50, 2:30, 5:10, 7:50, 10:30 ■AMC Independent Flying Swords of Dragon Gate: An IMAX 3D

Experience (R) \* 10:45, 1:30, 4:30, 7:30

■The Words (PG-13) ★ f) 12:01 ■Indiana Jones and The Raiders of the Lost Ark: The IMAX Experi-

#### **WEBSTER PLACE 11 (REGAL)**

1471 W. Webster Ave., Chicago (800) 326-3264 #1641

ident Evil: Retribution (R)

■Finding Nemo 3D (G) ★

■For a Good Time, Call... (R) 12:30, 2:50, 5:00, 7:10, 9:40 ■The Possession (PG-13) 1:00, 3:20, 5:40, 8:20, 10:30

■Lawless (R) 12:00, 2:40, 5:20, 8:00, 10:50

■Premium Rush (PG-13) 12:50, 3:10, 5:30, 7:50, 10:10

■Hit & Run (R) 1:30, 4:00, 6:30, 9:30 ■ParaNorman 3D (PG) ★ 4:20, 9:00

■ParaNorman (PG) 2:00, 6:40

■The Expendables 2 (R) 12:10, 2:45, 5:15, 7:45, 10:20 ■The Bourne Legacy (PG-13) 1:20, 4:30, 7:30, 10:40 ■The Campaign (R) 12:20, 2:30, 4:40, 6:50, 9:10 ■Hope Springs (PG-13) 12:40, 3:15, 5:50, 8:30

#### ■The Dark Knight Rises (PG-13) 1:40, 5:10, 8:50

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■The Possession (PG-13) D 12:30, 1:15, 3:00, 3:45, 5:30, 6:15, 7:15 8:00 8:45 10:30 ■The Oogieloves in the Big Balloon Adventure (G) £ 12:00,

■Lawless (R) ★ Ð 1:25, 4:30, 7:30, 10:35

■The Apparition (PG-13) ★ £ 7:00, 9:15 ■Hit & Run (R) ★ Ð 2:00, 4:35, 7:20, 10:00

■Premium Rush (PG-13) ★ £ 1:00, 3:30, 6:00, 8:30 ■The Expendables 2 (R) Đ (Closed caption) 11:55, 2:45, 5:25,

■Hit & Run (R) ★ Ð (Closed caption) 2:00, 4:35, 7:20, 10:00 ■The Expendables 2 (R) D 11:55, 2:45, 5:25, 8:10, 10:40

■ParaNorman (PG) D 12:25, 2:50, 8:20 ■ParaNorman (PG) D (Closed caption) 12:25, 2:50, 8:20

■Sparkle (PG-13) ₱ (Closed caption) 1:45, 4:40, 7:40, 10:20 ■Sparkle (PG-13) ₱ 1:45, 4:40, 7:40, 10:20 ■ParaNorman 3D (PG) 5:45, 10:50 ■The Odd Life of Timothy Green (PG) £ 1:40, 4:25, 7:10, 9:50

■ParaNorman 3D (PG) (Closed caption) 5:45, 10:50 ■The Bourne Legacy (PG-13) £ 1:10, 4:15, 7:35, 10:35 ■The Campaign (R) Ð 5:50, 8:05, 10:15

■The Dark Knight Rises (PG-13) £ 2:55, 6:45, 10:25 ■Diary of a Wimpy Kid: Dog Days (PG) Ð (Closed caption)

■Diary of a Wimpy Kid: Dog Days (PG) £ 1:30, 4:05 ■Marvel's the Avengers (PG-13) ★ £ 9:45 ■Brave (PG) ★ £ 12:45, 3:15

#### SHOWPLACE ICON AT ROOSEVELT COLLECTION

■Brave (PG) √ 1:20, 4:10

■ParaNorman 3D (PG) 1:45, 4:20, 6:50, 9:20

■Brave (PG) 2:10, 5:00 ■Marvel's the Avengers (PG-13) 9:55

■The Dark Knight Rises (PG-13) (Closed caption) 3:20, 7:10,

■The Apparition (PG-13) ★ 8:00, 10:45

■Premium Rush (PG-13) ★ 12:40, 3:15, 9:30

■The Bourne Legacy (PG-13) (Closed caption) 1:15, 4:15,

■The Possession (PG-13) ★ 12:30, 3:10, 4:50, 6:00, 8:40, 10:50 ■Ted (R) 2:20, 5:15, 8:10, 11:10

■The Expendables 2 (R) 1:30, 4:30, 7:30, 10:15 ■The Campaign (R) 2:30, 5:10, 7:45, 10:10 ■The Odd Life of Timothy Green (PG) (Closed caption) 12:50,

3:30 9:00 ■Hope Springs (PG-13) (Closed caption) 2:00, 4:45, 7:15, 9:50

■Lawless (R) ★ 1:00, 1:50, 4:00, 7:00, 10:00

■Hit & Run (R) 11:00 ■Sparkle (PG-13) 1:40, 4:40, 7:40, 10:30 ■The Oogieloves in the Big Balloon Adventure (G) \* 1:10,

■The Possession (PG-13) ★ VIP Premium 21+ 12:30, 3:10,

■Lawless (R) ★ VIP Premium 21+ 1:00, 4:00, 7:00, 10:00

**OAK PARK** LAKE CINEMAS (CLASSIC)

1022 Lake Street, Oak Park (630) 444-FILM #560 ■The Bourne Legacy (PG-13) 1:20, 4:10, 7:00, 9:50

■The Odd Life of Timothy Green (PG) 12:00. 2:20. 4:40.

■Hope Springs (PG-13) 12:30, 2:45, 5:00, 7:15, 9:30 ■Lawless (R) ★ 12:00, 2:30, 5:00, 7:30, 10:00

■Beasts of the Southern Wild (PG-13) 12:40, 2:50, 5:00. ■ParaNorman 3D (PG) 12:00, 2:10, 6:30, 8:40

■Premium Rush (PG-13) ★ 1:00, 3:10, 5:20, 7:30. 9:40 **FVANSTON** 

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#### **Food Specials:**

- \$6 Summer School **Chicken Nuggets**
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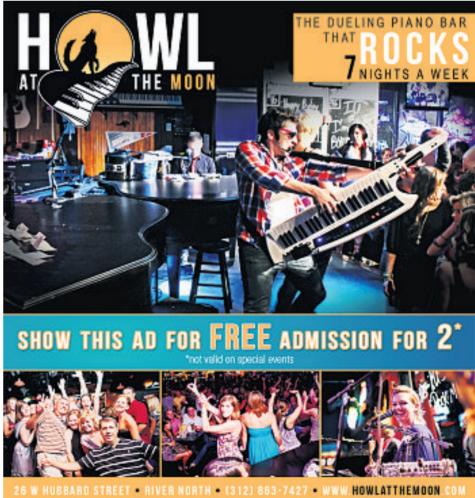




**Stunning Selita** 







# Beauty products do double duty

#### **Chicago Tribune**

In this economy, who doesn't want—and need—to save money? Here's another tip to add to your smart shopper arsenal: Drugstore products that do double duty. With the help of cosmetics expert Bryan Barron, we headed to the drugstore to round up some workhorse products that do at least two jobs for the price of one.

(All products from Walgreens—walgreens.com—unless otherwise noted.)



#### Oil-free eye makeup remover \$9.99

Usual: Take off eye makeup.
Unusual:
Makeup stains on clothes. Dab stains with this, then launder as usual. "Dualphase" remover, preferably with silicone, gives best results.



#### **Hair conditioner**

\$18.95 at devachansalon.com

**Usual:** Hair hydration and untangling

**Unusual:** A thin layer applied to damp legs substitutes for shaving cream (shower gel and soap work too).

#### **Lip balm \$1.69**

**Usual:** Prevent and soothe dry, chapped lips. **Unusual:** Tame unruly eyebrows, keeping them in place (or try hair spray on a toothbrush for the same effect).



Usual: Use it to wash kids' (or your own) hair. The "no more tears" is a plus at

any age.

husous

shampoo

Unusual: This is the absolute best for cleaning your cashmere sweaters and accessories. Thev'll be spotless and softer than when you started. The shampoo treats the delicate fibers gently. Never dry clean cashmere, by the way. And, if you've heard that you can use baby shampoo to remove eye makeup, don't do it. Even baby shampoo will burn your eyes if you slather it on vigorously.

**BILL HOGAN/TRIBUNE PHOTOS** 



#### **Špray-on sunscreen**

**Usual:** The most hassle-free way to protect skin from harmful sun rays

**Unusual:** Spray it on your hair to minimize drying effects of the sun and to prevent hair color from fading.

#### **Hydrogen peroxide**

**Usual:** Painless antiseptic for small cuts, blisters, abrasions **Unusual:** A cheap teeth whitener. Swish the 3 percent solution without dilution for a minute or so before you brush. Think of it as a pre-rinse. Another unexpected use: If your dog is like mine and eats things he shouldn't, keep it on hand to induce pet vomiting (but talk to your vet first).



#### Hair mask

dry, damaged hair.

\$2.79

**Usual:** Weekly heavy-duty hair treatment **Unusual:** Use a dollop as a daily leave-in conditioner for

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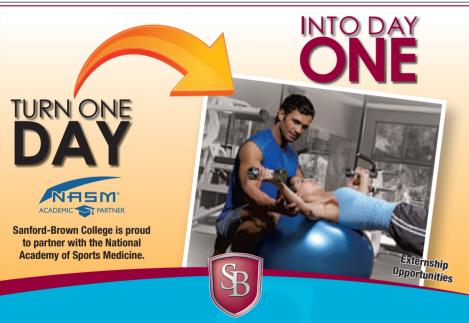
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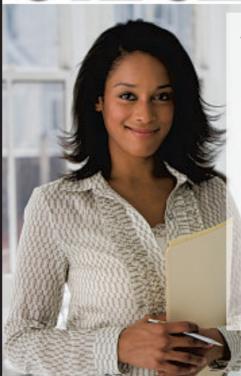
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#### shop

## Have iron, will travel

#### **Rowenta First Class Travel Iron**

\$39.99 at rowenta.com, abt.com, among others

**What it is:** A sleek travel iron with a handle that folds down for easy packing. It also has a 120/240-volt switch for travel abroad.

The good: Maybe it's because we've always bought cheap irons for home use, but this makes ironing almost fun. The highly polished stainless steel plateeasiliiy glides over fabric — it's like driving a sporty compact car, moving easily around buttons and seams. The ample steam supply meant we never needed its burst-of-steam feature. The iron also has an 8-foot cord, which means you won't run out of cord length midshirt. The heating mechanism was very fast. The Rowenta folds small enough in its pouch to easily fit in a half-size messenger bag (OK, call it a murse). We might make it our regular iron at home too.



The bad: When standing on end, it seems as if it could be unsteady, but it never fell over. The water reservoir requires refilling if doing more than a couple of shirts, but on the road, how much ironing would a person do? At home, just keep more water nearby. We do wonder if the reservoir plug would eventually start to leak, and some online complaints of heating failure would make me keep the receipt on file.

## Picnic foods keep their cool



#### **REI Weekend Cooler**

\$49.50 at rei.com

What is it: Camping coolers tend to fall into two categories: useful or portable. REI's Weekend Cooler is both with its large 43-liter capacity and transportable design—offering leak-free cooling power without the bulk.

**The good:** This soft-sided cooler is made from a closed-cell foam for insulation and has a strong PEVA liner that is waterproof, leakproof and easy to clean. It has a zippered two-compartment design, with a main cooling section on the bottom and a smaller compartment on top to keep food both cool and protected. For portability, the cooler includes both haul handles and an adjustable shoulder strap. It measures 17 x 14.5 x 12.5 inches and can be compressed down to 16 x 12 x 8 inches when not in use. The cooler also helps keep things organized with various storage features. **мст** 

#### Do You Have Osteoarthritis?

Northwestern University is conducting a Clinical Research Trial of an Investigational Medication versus Placebo for Osteoarthritis.

The trial lasts 4 months and requires 5 visits.

#### **QUALIFICATIONS:**

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- History of knee pain for at least 12 months related to a diagnosis of osteoarthritis with radiological evidence
- No other co-existing inflammatory arthritis, fibromyalgia, chronic pain state, or major health issues (diabetes, hypertension, glaucoma, <u>depression</u>...)
- Be able to undergo an MRI scan (no pacemakers, metal implants, no spine implants, or <u>claustrophobia</u>)
- Be right-handed
- If pregnant, breast-feeding or planning a pregnancy, you cannot participate

#### Qualified participants will receive at no cost:

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- Study related Laboratory tests
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# **Hart takes on MTV VMAs**

#### **Los Angeles Times**

For the last 28 years, MTV's Video Music Awards have provided a wealth of zeitgeist pop culture moments and delicious train wrecks. It's where Britney Spears sparkled and crumbled, Courtney Love upstaged Madonna, and Kanve West ruined Taylor Swift's moment. Before this year's ceremony Thursday, we caught up with the show's host, comedian Kevin Hart, for a round of questions as random as the awards themselves.

#### Why should we watch the awards and not just DVR them?

Well, the live aspect is to expect the unexpected. That's the beauty of having me as the host. You don't know what I'm gonna say, why I'm gonna say it and when I'm gonna say it.

#### Best VMA performance of all time?

Beyonce has had some incredible performances, but Britney Spears when she performed in the nude tight outfit, or when she had the python on her neck. That was Britney before drugs.



When Lil Mama thought she was a background dancer in the middle of Jay-Z and Alicia Keys' performance and she attempted to do the Dougle.

#### **Video Music Awards**

7 p.m. Thursday, MTV

#### Speaking of Britney's snake, what creature would you want to make an appearance with?

I'm thinking of coming onstage with an iguana. Just because people are gonna ask "Why the hell does Kevin Hart have an iguana onstage?" They do absolutely nothing. Or a cockatoo.

#### Swift is known for her breakup anthems and will likely perform her latest. If she wrote a song about you dumping her what would it be called?

"I Never Felt Love Like I Felt It ... Until Kevin Hart Came Into My Life."

#### How many people do you think Lady Gaga's infamous 2010 meat dress could have fed?

Gaga's meat dress could have fed everv kid that you see in those commercials with flies over their head. You're looking at probably 2,000 kids.

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Rihanna, Bieber nominated for top VMAs

#### ист

MTV knows how to throw a party, and Thursday's Video Music Awards will be a huge party. Rihanna could win five Moonmen trophies on her own and has another six nominations for her roles in videos from Drake and Coldplay. RiRi's "We Found Love" video is actually up against Drake's "Take Care" video, which also features her, for video of the year, alongside her pal Katy Perry's "Wide Awake," Gotye's "Somebody That I Used to Know" and M.I.A.'s "Bad Girls." Here's a look at the other top categories.



#### **NEW ARTIST**

- » fun. (featuring Janelle Monae), "We Are Young"
- » Carly Rae Jepsen, "Call Me Maybe"
- » Frank Ocean,
- "Swim Good"
- » One Direction, "What Makes You Beautiful"
- The Wanted, "Glad You Came"

PREDICTION: This one is chosen by the fans and the rabid clickers of "1D" Nation will easily deliver this to One Direction's "What

Makes You Beautiful."

#### **POP VIDEO**

- » One Direction, "What Makes You Beautiful"
- » fun. (featuring Janelle Monae), "We Are Young"
- » Rihanna, "We
- Found Love"
- » Justin Bieber, "Boyfriend"
- » Maroon 5 (featuring Wiz Khalifa), "Payphone"

**PREDICTION:** Bieber. This is MTV after all.

#### VIDEO WITH A MESSAGE

- » Demi Lovato, "Skyscraper"
- » Rise Against, "Ballad of Hollis Brown"
- » Kelly Clarkson, "Dark Side"
- » Gym Class Heroes, "The Fighter"
- » K'Naan (featuring Nelly Furtado), "Is Anybody Out
- » Lil Wayne, "How to Love"

#### PREDICTION:

There?"

Lovato's "Skyscraper" and its defiant antibullying message should take the prize in a praiseworthy field.

#### **DIRECTION**

- » M.I.A., "Bad Girls" » Duck Sauce, "Big Bad Wolf"
- » Coldplay (featuring Rihanna),
- "Princess of China"
- » Frank Ocean, "Swim Good"
- » The Throne, "Otis"

PREDICTION: The Throne's "Otis" is artsy and a freewheeling good time that should beat out M.I.A.'s raging "Bad Girls" and Duck Sauce's edgy "Big Bad Wolf."

# **ALL-STAR SATURDAYS AT SOUND-BAR**





# Compelling account of Bin Laden's assassination

#### **Los Angeles Times**

Former Navy SEAL Matt Bissonnette did not put the first slug into Osama bin Laden when SEALs raided the terrorist's lair in Pakistan in May 2011.

But he fired follow-up shots quickly and without remorse, as he describes in vivid, gruesome detail in "No Easy Day," written under the pseudonym Mark Owen with coauthor Kevin Maurer:

"The point man's shots had entered the right side of his head. Blood and brains spilled out of the side of his skull. In his death throes, he was still twitching and convulsing," he writes. "Another assaulter and I trained our lasers on his chest and fired several rounds. The bullets tore into him, slamming his body into the floor until he was motionless."

Within minutes, the SEALs had identified the dead man as Bin Laden. A coded phrase was relayed to an admiral in Afghanistan, who flashed the news to a waiting President Obama: The mission to get Bin Laden, at long last, had been accomplished. Obama's gamble to green light the assault, rather than an aerial bombing raid, had paid off.

"No Easy Day" is brisk and compelling in

No Easy Day: The Firsthand Account of the Mission that Killed Osama bin Laden

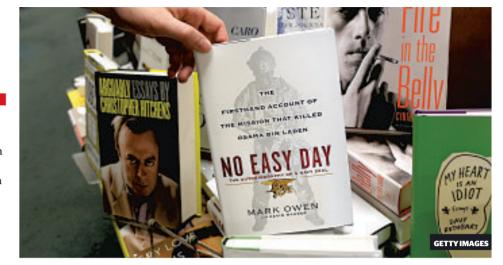


By Mark Owen with Kevin Maurer; Dutton (315 pages, \$26.95)

its telling of the training, execution and immediate aftermath of the Bin Laden mission by the elite Seal Team 6—no easy task since the public already knows how it ended, with Bin Laden dead, no U.S. casualties and the Pakistanis furious that the U.S. had invaded their country.

The Pentagon has threatened Bissonnette with legal action for supposedly breaking a secrecy agreement demanded of all SEALs. Whether that is a real threat or just institutional huff-and-puff remains to be seen.

Bissonnette has gone to lengths to avoid disclosing trade secrets about gathering intelligence and assaulting barricaded structures. His first-name-only descriptions are so careful that you would not know one of the SEALs if he was standing next to you in the grocery store, although use of the word "dude," the phrase "the teams" and, of



course, the F-word would be tipoffs.

Still, blandness is a problem. But quibbles aside, "No Easy Day" renders in dramatic fashion those tense minutes in Abbottabad in May 2011. The dominant tone of the book is one of cool detachment, a perfectionist describing a day (actually, a night) at the office. Only when Bissonnette looks down at Bin Laden in a widening pool of blood does he permit himself an expression

of disgust:

"He had no intention of fighting. He asked his followers for decades to wear suicide vests or fly planes into buildings but didn't even pick up his weapon. In all of my deployments, we routinely saw this phenomenon," he writes, adding, "The leaders were less willing to fight. It is always the young and impressionable who strap on the explosives and blow themselves up."

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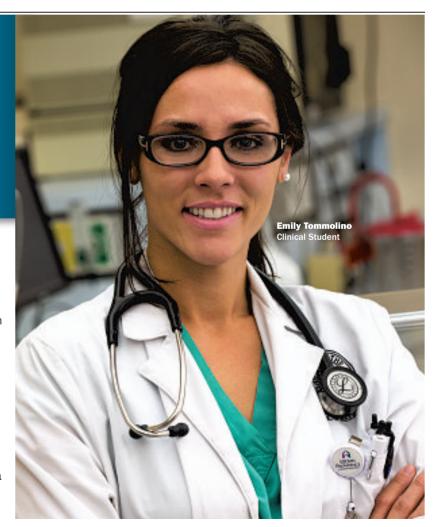


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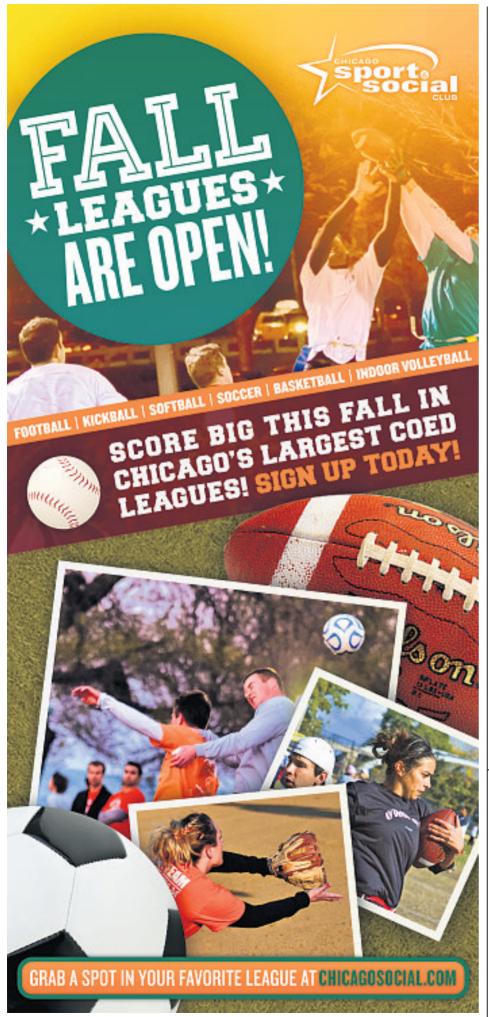
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## Even travel can't help you escape online info overload

#### Reuters

The languages and the cultures are different, but the pet peeves of mobile technology users around the globe are the same, with most people annoyed by receiving too much information, according to a poll released Wednesday.

About 60 percent of adults and teenagers in eight countries said too much is being divulged online, including inappropriate photos, unsolicited opinions, profanity and mind-numbing details of daily life.

"We love our technology because it connects us and gives us an outlet for expression, but then at the same time, we are also feeling there is a bit

of information overload," said Jessica Hansen, a spokesperson for Intel Corporation, which commissioned the survey.

About half of the 7,087 adults and 1,787 teenagers questioned in the online poll said they felt overwhelmed by all the information. Nearly 90 percent would like people to think about what they share and how others will perceive them online.

Although many complain about oversharing, few people admit to doing it themselves.

'We feel like others are sharing too much information, that there is too much to consume," Hansen said, "but when we self-reflect, of course it's not us. We're not the ones who are oversharing.'

The most irritating online complaint in



Australia is posting mundane details of life. In Indonesia, profanity is the online pet peeve. Americans cannot tolerate constant complaining.

By most accounts, people share too much information and much of it is untrue.

In Japan, nearly a third of adults admitted that they had released false information, and 55 percent said they had a different online personality than their real one. In the U.S., the number of admitted online fibbers was 19 percent.

The poll conducted earlier this year in Australia, Brazil, China, France, India, Indonesia, Japan and the U.S. has a margin of error ranging from plus or minus 2.2 percent to 6.2 percent depending on the country.





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Medical Center





# Email stress test: Unplug, then what?

#### **Los Angeles Times**

Slave to your email? Wonder what would happen if you had to do without it? University of California-Irvine informatics professor Gloria Mark was curious—so she recently led a study that separated 13 people from their email for five days and recorded what happened when they unplugged. Mark spoke about the joys and sorrows of ditching email.

## What made you want to see how people fared without email?

That was way back in 2005. I had this crazy idea that people were addicted to email. So I started thinking, the way you can test that is if you take people away from email cold turkey. You should see symptoms of withdrawal, the same way people are addicted to alcohol or drugs.

#### How did you do the study?

We had 13 volunteers who were civilian

employees at [the Army's] Natick [Soldier Systems Center outside Boston]. First we did a baseline measure—we had them work as usual for several days. Then we cut off email for five days, continuing to take our measurements. We couldn't see a discernible trend on days I and 2. But at day 5, the pattern started to become clear: People became less stressed after being away from email.

#### What else did you find?

People reported that they were more productive. They said they were able to focus on tasks longer. On average, people with email switched windows about 37 times per hour. Without email, that was cut in half to 18 times per hour. With email, they spent an average of 394 seconds on any particular window. That went up to 568 seconds without email. This may not seem a lot, but in the world of multitasking, it's a huge difference.

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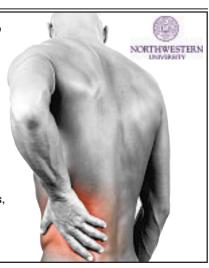
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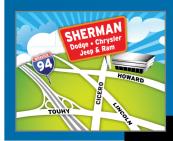
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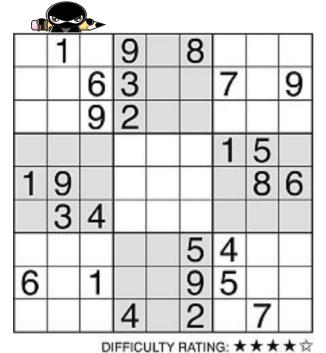




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#### **TODAY IN THE YEAR...**

1909: American explorer Robert Peary sent word he had reached the North Pole five months

1916: Clarence Saunders opened the first self-serve grocery store, Piggly Wiggly, in Memphis. 1995: Baltimore Orioles shortstop Cal Ripken broke Lou Gehrig's record by playing his 2,131st consecutive game.

2005: The California Legislature became the first legislative body in the nation to approve samesex marriages, but Gov. Arnold Schwarzenegger later vetoed the bill.

#### ACROSS

- Jack or joker Punctures
- 10 Eve-burning spray 14 "Garfield" dog 15 Aviator
- 16 Declare openly
- Stinging insect 18 Answei
- 19 Heavy book 20 Reeked
- 22 Mrs. Roosevelt 24 Retina's place
- 25 Cornered 26 Give a speech
- 29 Sorority letter
- 30 Highways 34 Partial amount

- 35 Gentleman 36 Moral quality
- 37 Piece of china 38 Big celebration
- 40 \_skating; winter sport 41 Sparkling 43 In good shape

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- 46 Dined 47 Actor Brad and family
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- 54 More ridiculous
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- Fashion

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- 52 Microwave, e.g.
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- Went down easily
  "I'll believe it when \_ it!"
- 54 Went down eas 55 "I'll believe it wh 56 Vane direction
- Grooves 60 Grow gray
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## Everything you need to know about 'Gangnam Style'

"Heeeeey, sexy lady!" It's a very, very good week for South Korean rapper PSY. The man behind the You Tube sensation "Gangnam Style" signed a record deal Monday with Schoolboy Records, run by Justin Bieber's manager, Scooter Braun. "We've come to an agreement to make some history together. [To] be the first Korean artist to break a big record in the United States," PSY said in a video announcement. That's putting it mildly. As of Wednesday night, "Gangnam Style" had more than 108 million views on YouTube—enough to be considered a worldwide sensation. If you're just getting. acquainted with "Gangnam Style," here's an FAQ to get you started. DAMORANGTRIBUNE.COM | GREDEYEDANA

> "Gangnam Style" is actually off his sixth album, so he's been around for a while. PSY is short for psycho; he does Lady Gaga's "Poker Face" at concerts and told CNN, "Just so you know, I can dance to Beyonce's song 'Single Ladies' just like Beyonce." Also, the album art is a cartoon of PSY with a mermaid tail, diving mask and bow tie.

Beverly Hills of Korea. But the guy doesn't look like Beverly Hills. Dance doesn't look like Beverly Hills... And the situation in music video doesn't look like Beverly Hills. But he keeps saying I'm Beverly Hills style," PSY told ABC News. Or, if you're thinking about saying "YOLO," try

#### When did this video come out? It premiered on YouTube on July 15. and has trickled its way around the

changes are in this video? PSY changes his outfit about nine

times in 4 minutes, 13 seconds, from what we can tell. But it's really the hilarious locales, amazing backup dancers and swan boats you've got to be on the lookout for.

## What's up with that horse dance?

Lest the rest of the world think it's just a random move, PSY explained his trotting and gallivanting, "There's a saying in Korea. 'Let's ride a horse' means, 'Let's have a drink and have some fun.' Hence the dance," he told CNN.

#### What's next?

PSY is set to appear on the MTV Video Music Awards on Thursday. We wish there could be an official tally afterward of how many minds were blown.

#### I heard about this video weeks ago. You guys are losers.

Thank you for your constructive feedback. You clearly are much cooler than us.

SOURCES CNN, ABC NEWS, FACEBOOK, BILLBOARD.COM



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#### The nominees are ...

Taylor Swift, Kenny Chesney, Brad Palsley, Blake Shelton and Jason Aldean were nominated Wednesday for the Country Music Association's top honor as entertainer of the year. The most nominations (five), went to newcomer Eric Church: single, song, album, video and male vocalist of the year.

#### HOT DATE

## FEB. 13

That's when Lady Gaga's Born This Way Ball tour will arrive at the United Center, billboard. com reports



#### Bald and beautiful

Kellie Pickler took it all off. Her hair, we mean. The former "American Idol" singer shaved her head in a segment that aired Wednesday on "Good Morning America" as a show of solidarity with her best friend, who was diagnosed with breast cancer in June. "Cancer does not discriminate," Pickler said.

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